



Eagle View Adult Center

November & December 2016



Upcoming Special Events:

Craft Fair & Bake Sale
Sat. Nov 5

Turkey Bingo
Thurs. Nov 17

Mystery Dinner Theater
Wed. Dec 14

Class & Event Registration begins Mon. Oct 31

Trip Registration begins Tues. Nov 1

See pages 2 & 19 for details

1150 Prairie Center Parkway,
Brighton, CO 80601
303-655-2075 www.brightonco.gov

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Hours: Monday - Friday 8:00 a.m. - 4:00 p.m.

Phone: 303-655-2075

Location: 1150 Prairie Center Parkway
Brighton, CO 80601

Eagle View Center Staff

Sue Corbett - Director

Donna Singer - Program Coordinator

Ermie Marquez - Information & Referral

Gayle Martinez - Administrative Assistant

Becky Eichem - Front Desk Receptionist

Christina Harris - Trip Coordinator

Eleanor Maestas - VOA Meal Site Coordinator

Lucy Castro - Custodial Staff

Sue Wingen - VNA Nurse

On The Cover:

The Craft Fair on Sat. Nov 5th is a fund raising event that benefits Eagle View. We'll have 64 crafters, food and a bake sale from 8 a.m. - 3 p.m.

VOA Lunch

A hot, nutritious lunch is provided by Volunteers of America, **Monday - Thursday**. Lunch is served at 11:30 a.m. Reserve your VOA meal **two working days in advance** by calling 303-655-2271 (call Mon-Thurs, 10 a.m. - 1 p.m.)

Daily meal donations are appreciated.

\$2.50 Donation per meal if age 60+

\$7.25 Mandatory charge if under 60

REGISTRATION PROCEDURES

CLASSES & HAPPENINGS REGISTRATION begins on Mon. Oct 31 at 8:00 a.m.

- Registration is on a first-come, first-serve basis. You can register for yourself and one other person. Cash or checks only, no credit cards accepted. No trip registration.

TRIP REGISTRATION starts Tues. Nov 1 and is held as a LOTTERY.

- Doors open at 8:00 a.m. to fill out your registration form. Breakfast refreshments provided by Humana.
- To be in the first round of trip registration, be in the dining room between **8:00 - 8:25 a.m.** to draw a number. Numbers are randomly drawn, so there is no advantage to picking first.
- **Registration begins at 8:30 a.m.** for people with lottery numbers. During this time, **you can register for yourself and only one other person**. You may also register for classes and happenings at this time. No credit cards.
- When lottery registration is over (approximately 11:00 a.m.), we will re-open registration on a first-come, first-serve basis.
- **After November 1**, register for all activities and trips at the front desk.
- Registration is taken until the deadline date listed for each activity OR until all spaces have been filled. Don't wait - activities fill fast!

Senior Wellness Clinic

The Wellness Clinic focuses on health promotion and disease prevention for seniors 55+. Operated by Visiting Nurses Association (VNA), services include foot care, health checks, and blood pressure checks. Fee for foot care is \$30 (\$40 for first visit of new patients) payable at the time of your appointment. Foot care is Kaiser covered with pre-approval. Call 303-655-2075 for an appointment.

Clinic hours: 9:00 a.m. - 3:00 p.m.

Thursdays Nov 3, 10, 17 Dec 1, 8, 15

Fridays Nov 4, 18 & Dec 16

Eagle View Adult Center will be CLOSED
Nov 11, 24, 25 Dec 23, 26 & Jan 2

Continuous Drop-in Activities

3

Cards, Cards, Cards!

Come to the center for a morning or afternoon of fun. New players welcome. Questions? Call the listed senior volunteer.

Hand and Foot

1:00 - 3:30 p.m.
Mondays
Room: Hawk/Heron
Linda 303-910-4221
Closed Dec 26

UNO

10:00 - 11:30 a.m.
Tuesdays
Room: Brown

Pinochle Pals

12:30 - 3:30 p.m.
Tuesdays
Room: Hawk/Heron
Sandy 303-288-1489
Chama 720-244-6216
No Pinochle - Nov 22

Cribbage

12:30 - 3:30 p.m.
Wednesdays
Room: Falcon
Shirley/Chuck 720-685-3369

Bridge

12:30 - 3:30 p.m.
Fridays
Room: Hawk/Heron
Judy 303-378-5226
No Bridge - Nov 4, 11, 25
Dec 23, 30

Pitch

12:30 - 3:30 p.m.
Fridays
Room: Falcon
Shirley 720-685-3369
No Pitch - Nov 4, 11, 25
Dec 23, 30

Have you always wanted to play bridge? Bobbi Jo Unruh teaches bridge classes at Eagle View.



Bingo

No fee - just fun! Play immediately following VOA lunch. Prizes vary from bakery goods to "white elephant" gifts. If you have clean, gently used items to donate for bingo, drop them off at the front desk.

12:00 - 12:45 p.m.
Mondays & Thursdays
No Bingo - Dec 15
Closed Nov 24, Dec 26

Computers Available

Computers with free internet are available when the Falcon Room is not occupied. See front desk to use the free Wi-Fi.

Color Me Drop-in

Adult coloring is a great stress reliever. Drop-in with other patrons and color together! You provide your own supplies - pencils, coloring pages, etc.

1:00 - 2:30 p.m.
Mondays
Nov 7 - Dec 19
25¢ per day
Closed Dec 26

Ladies Billiards

Ladies, do you like to play pool? This is a special "women only" billiards time.

1:00 - 4:00 p.m.
Mondays
25¢ per day
Closed Dec 26

Wood Carving Drop-in

Learn to carve wood or work on an existing project. Discover new techniques from experienced carvers. Call Dave Thomas at 303-637-7686 to arrange free beginning instruction. No wood carving on Nov 1.

8:00 - 10:00 a.m.
Tuesdays
25¢ per day

Police Time

Sharon Wazny from Brighton Police Dept. is here to answer safety or police questions.

11:30 a.m. - 12:30 p.m.
Tuesdays

Mexican Train Dominos

This is an easy game to learn - it's regular dominos with a fun twist.

12:30 - 3:30 p.m.
Wednesdays

Scrabble

Play Scrabble with others who enjoy the game.

1:00 - 3:30 p.m.
Wednesdays

Knit & Crochet Drop-in

Drop-in to knit or crochet. No instructors, but friendly help available.

10:00 - 11:30 a.m.
Thursdays
25¢ per day
Closed Nov 24

Lending Library

Borrow books from the library for free. Do NOT re-shelve books; our great volunteer librarians do that!

No hard back books accepted unless they are Large Print!

Registration for Nov/Dec Happenings begins on Mon. Oct 31

Tues & Wed Gift Cards

Each time you eat VOA lunch on Tues. or Wed. your name gets in the drawing for a \$10 grocery gift card! Come often!

Medicare Saving Plans & Low Income Subsidy

There are benefits available to low income individuals to help pay for Part B and prescription coverage. Come to this free talk if your monthly gross income is less than \$1,823 for couples or \$1,357 as an individual. Learn how you might qualify! If you are starting Medicare in 2017, Part B will be \$121 so this benefit may help.

Tues. Nov 1

3:30 p.m.

Deadline: Fri. Oct 28

Massage

Certified massage therapist, Bonita Rose, provides massage services in our wellness clinic. Half hour target areas sessions or one hour full body massages available. Call 303-655-2075 for an appointment. Pay Bonita at the time of service.

9:15 – 11:30 a.m.

Wed. Nov 2 – Dec 14

½ hour - \$26, 1 hour - \$41

Deadline: Two days ahead

Healthy Tips

Betty Stephenson shares the most recent research about healthy eating. Stay for lunch and bingo afterward.

10:45 a.m.

Thurs. Nov 3

Donate Baked Goods

We need home-made baked goods for our craft fair! All proceeds benefit Eagle View! Bring donated items in during business hours on Fri. Nov 4 or Sat. Nov 5, before noon. Both whole cakes/pies and items “packaged” in smaller quantities are a hit. Please label your items and list special ingredients such as... “Oatmeal Cookies - contains nuts.” Support our center by donating baked goods and/or buying them at the craft fair.

Craft Fair

Crafts Galore! Eagle View has one of the best craft fairs in town! Shop for unique holiday gifts made by local artisans. Homemade breakfast burritos and chili are for sale throughout the day. Buy a sweet treat at the greatest bake sale in town! All food sales benefit Eagle View.

8 a.m. – 3:00 p.m.

Sat. Nov 5

Medicare Counseling

If you need help with Medicare issues, you can receive one-on-one assistance with a SHIP counselor who is specially trained on Medicare insurance programs. You can also get assistance in enrolling for Medicare Part D. Call Ermie at 303-655-2079 to make an appointment. Adams County residents with general questions about Medicare can also call Centura Health Links at 720-321-8850.

12:00 - 3:30 p.m.

Tuesdays

Nov 8 & 22

Celebrate America



Celebrate America with the 3rd graders from North Elementary. They will present their choir program in honor of Veteran's Day. There's nothing like children singing to make your day special. Veterans are especially encouraged to attend. Want to stay for VOA lunch? Call Eleanor 303-655-2271.

10:30 a.m.

Thurs. Nov 10

Free program

Lunch \$2.50 (age 60+)

Lunch deadline: Mon. Nov 7

Blood Pressure Screening

The wonderful firefighters from the Brighton Fire Department will be here to perform free blood pressure checks. Stop by!

10:30 - 11:30 a.m.

Thurs. Nov 10

Mon. Nov 21

Civil War History in Colorado

Learn how the Civil War impacted Colorado in the 1860s: Whose side were we on? Were there any major battles in Colorado? Were Colorado volunteers engaged in any battles elsewhere? Why were our first two territorial governors forced to resign? These and other questions will be answered as we study Colorado in the context of the Civil War. Presenter Ed Weising is a professional speaker, tour guide, and historian whose goal is to entertain, instruct and inspire.

1:30 – 3:00 p.m.

Mon. Nov 14

\$5

Deadline: Thurs. Nov 10

Bunco

Bunco is an easy and fun game of dice. Enjoy an afternoon of laughter, refreshments, and prizes. Bunco fills up fast!

1:00 – 3:30 p.m.

Thurs. Nov 10

\$4

Deadline: Tues. Nov 8

Medicare Part D Sign-up

You can change your Medicare Part D prescription drug plan each year at open enrollment which is going on now through Dec 7th. If you need assistance seeing what plan could save you money on your prescriptions make an appointment to see a SHIP counselor by calling Ernie at 303-655-2079. There will be two counselors on hand. This date is for Part D Medicare help ONLY.

12:00 - 3:30 p.m.

Wed. Nov 16

Free

VOA Thanksgiving

It's a VOA tradition! Enjoy a special Thanksgiving meal of turkey and all the fixings! It always fills up fast so RESERVATIONS ARE AN ABSOLUTE MUST!

Call Eleanor at 303-655-2271.

11:15 a.m.

Thurs. Nov 17

\$2.50 Donation (age 60+)

\$7.25 Cost (under 60)

Deadline: Thurs. Nov. 10



Turkey Bingo

Play bingo to win a turkey, ham or other Thanksgiving dinner food items. Thanks to Mike D'Epagnier of Mutual Asset Corporation for his financial sponsorship of this event for the past 16 years! You do not need to be at the VOA meal to participate in Turkey Bingo.

12:15 p.m.

Thurs. Nov 17

Free

Diabetic Skin & Wound Care

If you're diabetic and have questions about caring for your skin, join Dr. Ilka Nowak for an informative discussion. Also, learn to care for diabetic wounds, how to recognize a non-healing wound, and what to do about it. Platte Valley Medical Center sponsors this important talk.

12:00 – 1:00 p.m.

Fri. Nov 18

Deadline: Wed. Nov 16

Haiti Slideshow

Marv Falconburg, Brighton's Assistant City Manager of Development, was very impacted by a trip this year to Haiti and wanted to share the photos and experience with you. He was helping out an organization called "Lifesong for Orphans" in a country riddled with poverty and continued problems following a massive earthquake several years ago. Free but please register in advance.

1:15 p.m.

Mon. Nov 21

Free

Deadline: Fri. Nov 18

Low Vision Support Group

The Low Vision Support Group at Eagle View gives seniors 55+ the opportunity to connect with peers to receive emotional support, maintain hope, and process frustration during the transition of living with visual impairment. Drop in to the monthly support group to connect with others and learn about: low vision resources, transportation options, assistive technology, and current research. For questions call Melanie Shotwell 303-790-1390 ex 202.

1:00 – 2:00 p.m.

Mon. Nov 28

Low Vision Technology

If you have low vision, come learn how new technology available on an I-phone or computer can help you in so many ways! Drop in and discover tips and techniques to make better use of these devices as your sight is declining. You can also learn about specialized low vision technology. Program led by Petr Kucheryavyy and follows the Low Vision Support Group. For questions call Melanie at 303-790-1390 ex 202.

2:00 – 3:30 p.m.

Mon. Nov 28

Cribbage Tournament

Our monthly cribbage tournament is very popular! Tournament includes prize winnings, refreshments, and lots of fun. Just drop in and pay fee to the tournament volunteer.

12:30 p.m.

Wed. Nov 30

\$4

**Registration for
ALL Happenings
begins Mon. Oct 31**

Readers Theatre Performances

The Readers Theatre performances are always a lot of fun and only last about 20 minutes. Drop in for the free show and support our hard-working acting troupe! Play is done in time to take advantage of the VOA lunch afterwards. Reserve lunch two days in advance, by calling Eleanor at 303-655-2271.

11:00 a.m.

Thurs. Dec 1 & 29

Communicating with Loved Ones with Dementia

With the holidays approaching, you may be visiting older relatives with dementia. This educational program "Effective Communication Strategies" teaches caregivers to decode verbal and behavioral communication of someone with Alzheimer's and other dementias. Participants leave with strategies for meaningful connection with people in early, middle, and late stage dementia. Program is taught by the Alzheimer's Association. Please register by calling 303-655-2075. Program is free but donations are accepted for the Alzheimer's Association.

6:30 - 8:30 p.m.

Thurs. Dec 1

Free/Donation

Deadline: Tues. Nov 29

Holiday Customs in Early Colorado

Learn how Colorado pioneers celebrated Christmas and other holidays. In this presentation explore how holiday traditions were formed and celebrated. Included will be songs and excerpts from the writings about Christmas from authors of the 19th and early 20th century. Presenter Ed Weising is a professional speaker, Colorado tour guide, and historian whose goal is to entertain, instruct and inspire.

9:00 - 10:30 a.m.

Thurs. Dec 8

\$5

Deadline: Tues. Dec 6



**Dolores Baca brings
treats to the center.**

Friday Feast

It's soup time! We'll have Italian sausage and pasta soup, sandwich, and cookies from Brookdale. Our entertainment today is Dhara Rose. Her program "Songs for the Soul" is made up of jazz standards you are sure to enjoy. Join us!

12:00 - 1:30 p.m.

Fri. Dec 9

\$4

Deadline: Wed. Dec 7

Movie: (Rated PG-13) *Christmas with the Kranks*

When only child, Blair, leaves the family nest, Luther (Tim Allen) and Nora (Jamie Lee Curtis) decide to book a cruise and skip Christmas altogether. Their decision to boycott tradition has the whole neighborhood in an uproar. When Blair calls on Christmas Eve to announce a surprise visit with her new fiancée, the Kranks have just 12 hours to perform a miracle and pull themselves and their neighbors together to throw the best holiday celebration ever.

Please sign up. Treats provided.

1:00 p.m.

Mon. Dec 12

Free

Deadline: Fri. Dec 9

Essential Oils "Make and Take"

The September Aromatherapy demonstration was such a hit, we have invited Naomi Tashiro and Shelly Schultz back to put on an essential oils "Make and Take" program. You will learn how to make bath salts and a sugar scrub using essential oils. There will be several choices of oils to choose from to scent your salts and scrubs. You will then be able to take home your creations to use on yourself or give away as a gift. Cost includes all supplies and instruction.

12:30 - 2:30 p.m.

Tues. Dec 13

\$20

Deadline: Fri. Dec 9

**Fran
King
and
Santa**



Mystery Dinner Theater

We're having our own Live Murder Mystery Dinner Theater at Eagle View. Creative Revolution Theatre Company from Thornton has been performing since 2012. We'll serve dinner and then on with the show, *The Killer Family Reunion*. "It's been 20 years since the last Killer Family reunion and along with the skeletons coming out of the closet, someone will literally be dying to leave. The audience listens for clues, narrows down the suspects, and helps the detective solve the murder!" The show is rated PG. Limited seating so sign up early!

5:00 - 7:30 p.m.

Wed. Dec 14

\$9

Deadline Fri. Dec 9

VOA Holiday Lunch

Join us for this very special VOA holiday meal. As an added treat enjoy some festive entertainment after lunch by the Heritage Todd Creek Crooners. We will begin taking reservations for this event starting on Mon. Nov 21. There is limited seating and it fills fast. You pay for your meal the day of the luncheon. Please note: We start lunch early and there will be NO bingo. You do not need to eat to hear the Crooners perform at 12:15 p.m.

11:15 a.m.

Thurs. Dec. 15

\$2.50 donation 60+

\$7.25 under 60

Brighton's Winter Festival and Festival of Lights

This year, historic downtown activities begin at 10:00 a.m. The Winter Festival activities will be from 2:00 – 5:00 p.m. at Historic City Hall (22 South 4th) and include Santa, food, and live entertainment. The 21st annual Festival of Lights Parade will start at 5:00 p.m. with a night-time light parade featuring over 75 illuminated entries. The parade travels south on North Main St., turns east on Bridge Street to 10th Ave., then south on Skeel St. Events are free and open to the public. For info: 303-655-2218.

Sat. Dec 10

2:00 p.m. Winter Festival

5:00 p.m. Lights Parade

More December Events

Descriptions on Page 4 & 5

Blood Pressure Screening

Thurs. Dec 8

Mon. Dec 19

10:30 a.m.

Healthy Tips

Thurs. Dec 8

10:45 a.m.

Bunco

Thurs. Dec 8 & 29

1:00 p.m.

Medicare Counseling

Tues. Dec 6 & 20

By appointment

12:00 - 3:30 p.m.

Cribbage Tournament

Wed. Dec 28

12:30 p.m.

Low Vision Support Group and Technology Help

No meeting in Dec.

HELPING OTHERS

See the back cover for ways you can brighten the holiday season for others by donating to:

- ◇ Angel Tree
- ◇ Coat Drive
- ◇ Necktie Drive

**Registration for ALL Trips
begins on Tues. Nov 1
See Page 2 for details.**

Indian Hot Springs

Travel with us to Idaho Springs and visit the historic Indian Hot Springs. Under the translucent dome lies a tropical paradise, complete with flowering plants and live banana and palm trees. The swimming pool is continually fed with hot mineral water at 115°. With an average temperature of 90° to 100° the pool is a favorite. Pack your lunch, bring \$17 for entry, and your own towel. There are additional services and pool options for additional costs.

9:30 a.m.

Fri. Nov 4

\$7 (plus admission \$17)

Deadline: Thurs. Nov 3

Snooze

Enjoy a late breakfast/early lunch at Snooze restaurant in Fort Collins! Founded by brothers Jon and Adam Schlegel, Snooze was born in 2006 in Colorado seeking to evolve the A.M. dining experience through culinary innovation, an eclectic and energetic atmosphere, and comfortable and friendly service. At Snooze, they believe life is for living and each person and each day is worth celebrating. Their mantra: it only takes a moment to make a difference.

9:45 a.m.

Mon. Nov 7

\$4 (plus meal \$15+)

Deadline: Fri. Nov 4

History Colorado

By Request

History Colorado's exposé, *Searching for Home: Homelessness in Colorado* invites museum visitors to explore Colorado's long history of economic struggle. In the 1880s, Baby Doe & Horace Tabor were Colorado's wealthiest couple. The global depression threw the nation into economic upheaval and destroyed their fortune. When Baby Doe died of exposure in a crude shack in Leadville, her story exposed Coloradans to an uncomfortable truth - homelessness can happen to anyone. Lunch at the museum's Rendezvous Café.

9:15 a.m.

Wed. Nov 9

\$17 (plus meal \$15+)

Deadline: Fri. Nov 4

America's Heroes

The Rocky Mountain Brassworks will join with the Red Plaid and Blue Pipers and the American Legion to highlight our commitment to our soldiers in an "America's Heroes" tribute. The band will perform several works ranging from World War I to the present. This is a must for all people who want to hear terrific music played by one of the premier music ensembles in the Denver area! Come be inspired and thrilled at the Lakewood Cultural Center. No meal.

6:00 p.m.

Sat. Nov 12

\$15

Deadline: Fri. Nov 4

Trip Council

If you are an idea person, if you love trips, and you want to join in the discussion of planning our trips here at EVAC, this is the group for you. We only meet three times a year so be sure to come. We will have goodies and get down to the nuts and bolts of planning trips that will entertain, equip, and enrich our lives.

9:00 a.m.

Tues. Nov 8

Star Wars & the Power of Costume

By Request

Take a unique journey into the *Star Wars*™ universe, at the Denver Art Museum. Characters are brought to life through a dramatic presentation of more than 70 original costumes. *Star Wars*™ and the Power of Costume will closely examine the captivating process of costume design. Learn cultural and historic context as interpreted by Smithsonian scholars.

Experience the processes of concept artists and costume designers with interactive encounters and walk through this unique creative process. No meal.

12:30 p.m.

Sun. Nov 13

\$37

Deadline: Thurs. Nov 10



Mardi Gras Casino

Join us for a day of good food, good friends, and some gambling. The Mardi Gras Casino brings a taste of New Orleans to Black Hawk, complete with authentic Creole food in their dining room. Bring your players card and be ready to win. Bus leaves for Brighton at 3:00 p.m.

8:45 a.m.

Tues. Nov 15

\$16

Deadline: Thurs. Nov 10

Hawaii & South Pacific

Travel the spectacular islands of Hawaii and French Polynesia and be transported to some of the most beautiful locations in the world via film. The voyage begins on Hawaii's Big Island and continues to Oahu and Kauai. From Hawaii, we sail south to the French Polynesian islands of Rangiroa, Moorea and Tahiti. You will experience an amazing journey at Northglenn's D.L. Parsons Theater with lunch at Aloha Hawaiian BBQ after the show.

9:30 a.m.

Wed. Nov 16

\$11 (plus meal \$10+)

Deadline: Fri. Nov 4

Eddie Money

By Request

UCCC in Greeley is featuring Rock and Roll icon Eddie Money. Eddie burst onto the music scene in 1977 with the rock and roll classics "Baby Hold On" and "Two Tickets to Paradise." Over the course of his storied career, Money sold over 28 million records and amassed over 20 hits with favorites like "Shakin," "I Think I'm in Love," "I Wanna Go Back," and his legendary hit with Ronnie Spector, "Take Me Home Tonight." Come ready for an evening of rock and roll. No meal.

6:15 p.m.

Fri. Nov 18

\$55

Deadline: Fri. Nov 4

Swan House Tea

By Request

If you enjoy a historic setting for High Tea, you'll enjoy a visit to downtown Loveland's Swan House, a Celtic Tea Room. This beautiful historic home, built in 1908, has been restored and renovated into a tea room and boutique. This afternoon tea will include endless tea, finger sandwiches, scones with Devonshire cream

REMEMBER:

Please arrive 15 minutes **BEFORE** the published leave time for all trips so we can leave on time.

and jam, and dainty pastries presented on a 3-tier server in the true British tradition.

10:00 a.m.

Sat. Nov 19

\$29

Deadline: Thurs. Nov 10

Bass Pro Shop

By Request

It's the holiday shopping season and Bass Pro Shop at Northfield in Aurora has all the best stuff for the outdoorsy men and women in your life. Designed to complement the outdoors, this 180,000-square foot building is part museum, part art gallery, and part education center.

Come with us for a morning of shopping. Finish off with lunch at the famous Islamorada Fish Company Restaurant. Bring money for shopping and lunch.

9:00 a.m.

Mon. Nov 28

\$4 (plus meal \$10+)

Deadline: Fri. Nov 18

Bowling for Fun

Join us for a fun-filled morning as our "Just for Fun" bowlers head back to Coal Creek in Lafayette. Enjoy two hours of bowling followed by lunch at your pick of many restaurants. Cost of shoe rental included.

9:15 a.m.

Wed. Nov 30

\$13 (plus meal \$10+)

Deadline: Wed. Nov 16

Weather Cancellations

In case of bad weather, the decision to cancel a trip will be made by staff and/or van drivers. Colorado weather changes rapidly so we may not make this decision until 1- 3 hours before a trip.

When EVAC cancels a trip you will be notified by phone and will receive a full refund for the event. Events will not be rescheduled. Please note: **If you decide to cancel BEFORE a decision is made by EVAC - normal cancellation policies apply.**

See page 19.

**Registration for ALL Trips
begins on Tues. Nov 1
See Page 2 for details.**



Denotes Lots of Walking

A Christmas Carol

By Request

Essential to the holiday season, *A Christmas Carol* at the Buell in Denver promises to “warm your heart and renew your holiday spirit.” Based on Charles Dickens’ classic novel, this joyous and opulent musical adaptation traces money-hoarding skinflint Ebenezer Scrooge’s triumphant overnight journey to redemption. *A Christmas Carol* illuminates the meaning of the holiday season in a way that has resonated for generations. No meal.

5:00 p.m.

Thurs. Dec 1

\$67

Deadline: Fri. Nov 4

CoraFaye’s Café

By Request

Enjoy lunch at a quaint family-run parlor dishing up soulful Southern traditions from frog legs to homemade pie. CoraFaye’s in Aurora has a reputation for making simple, delicious, home-cooked food. CoraFaye takes great care in training her kitchen staff on following exact family recipes for taste and consistency.

10:30 a.m.

Fri. Dec 2

\$4 (plus meal \$15+)

Deadline: Mon. Nov 28

It’s a Wonderful Life

By Request

Frank Capra’s classic holiday film is brought to vibrant theatrical life in an uplifting musical that is perfect for the entire family. The story of George Bailey and his wonderful life remains a timeless tale of dreams, cynicism, and the power of love that exhilarates the mind and heart and celebrates the kindness in us all. *A Wonderful Life* at the Candlelight Dinner Playhouse is a perfect way to celebrate the holidays. Meal included.

11:30 a.m.

Sun. Dec 4

\$56

Deadline: Wed. Nov 16

Chamberlin Observatory



The Denver Astronomical Society has hosted Public Nights at the University of Denver’s Historic Chamberlin Observatory for over 60 years. We’ll start with an informative, multi-media astronomy presentation that is designed for visitors of all ages. Weather permitting, you will be treated to telescopic views of the moon, stars and star clusters, planets, galaxies, and more. This is an historic site with stairs. Wear comfortable walking shoes.

6:30 p.m.

Tues. Dec 6

\$10

Deadline: Tues. Nov 15

Shopping at Cherry Creek



There are only a few weeks left until Christmas and so many gifts still to buy. Take care of your last minute shopping and spend the day out with friends on this trip to Cherry Creek Mall. All your favorite stores and several places to stop for lunch. Bring money for shopping and lunch. Wear good walking shoes for this fun day.

10:00 a.m.

Wed. Dec 7

\$4 (plus \$ shopping/food)

Deadline: Fri. Dec 2



Nuncrackers

By Request

The Nonsense Christmas Musical, *Nuncrackers*, is presented as the first TV special taped in the Cable Access Studio built by Reverend Mother in the convent basement. It stars the nuns you love, plus Father Virgil and four of Mount Saint Helen’s most talented students. Enjoy the zany Nonsense humor, some of your favorite carols, and “Secret Santa” audience participation. We’re certain this Nonsense Christmas show in Northglenn will make you laugh, and maybe tug at your heartstrings. Dinner at Cinzetti’s on the way home.

1:00 p.m.

Sun. Dec 11

\$13 (plus meal \$15+)

Deadline: Mon. Nov 14

Z Casino

End the year with a chance to win big at Z Casino. Even if you don't gamble, a day in Black Hawk with good friends, good food, and exceptional scenery will do you good.

Bring your players card. Bus leaves Black Hawk at 3:00 p.m.

8:45 a.m.

Tues. Dec 13

\$16

Deadline: Thurs. Dec 8

Zoo Lights

By Request

Bundle up for this sparkling night of adventure at the Denver Zoo's presentation of Zoo Lights. This spectacular lighting display will span through 70 acres of the Denver Zoo. Features include nightly entertainment and illuminated animal sculptures that swing through trees, jump across lawns, hide in bushes, and appear in places where they are least expected. No meal, but bring money for concessions.

5:30 p.m.

Mon. Dec 19

\$18 (plus snack \$)

Deadline: Mon. Dec 5



Christmas Lights Tour

Join your friends here at Eagle View Adult Center as we tour through the North Metro Denver area catching the best holiday light displays the area has to offer. We will wrap up our trip at Donna Singer's home for hot cocoa and treats.

6:00 p.m.

Wed. Dec 21

\$4

Deadline: Wed. Dec 14

Ten Tenors "Home for the Holidays"

By Request

Experience Christmas music like never before with colorful repertoire, breathtaking arrangements, and a powerful live performance by The Ten Tenors. UCCC in Greeley is hosting one of Australia's greatest entertainment success stories. More than 90 million people worldwide have witnessed their distinctive charm, camaraderie, and vocal power. The Ten Tenors have cemented their place as Australia's premier classical-crossover group. No meal.

5:45 p.m.

Thurs. Dec 22

\$57

Deadline: Wed. Dec 7

Blossoms of Light

With the holiday season upon us, the requests to see the beautiful light displays have abounded. Just as we wrap up the season, we will venture over to the Denver Botanic Gardens *Blossoms of Lights* display. This annual holiday lights extravaganza features some new elements, and includes the grand illuminated O'Fallon Perennial Walk and the Romantic Gardens. Dress for the weather. There will be warm drinks and tasty treats available for purchase.

5:30 p.m.

Wed. Dec 28

\$16 (plus snack \$)

Deadline: Wed. Dec 7



January Trip with December Deadline:

National Western Stock Show and Rodeo

Join the excitement as we attend the opening weekend and an all-time favorite of the National Western Stock Show – a head-to-head rodeo called Colorado vs The World at the Coliseum. In this format, winners from several local Colorado rodeos compete against rodeo champs from places like Cheyenne, Houston and Dodge City. Arrive for the rodeo and join in the fun! Bring money for food available from vendors on site.

9:15 a.m.

Sat. Jan 7

\$26 (plus food \$)

Deadline: Mon. Dec 5



Jim & Eloise Ruff enjoy EVAC trips.

**Registration for
ALL CLASSES
begins Mon. Oct 31**

AARP Smart Driver Course

Take AARP's refresher course of safe driving practices and the rules of the road. Reduce your risk of getting in an accident and get a discount off your auto insurance from most companies for completing the course.

1:00 - 5:00 p.m.

Mon. Dec 5

\$15 - AARP member

\$20 - Non-member

Deadline: Fri. Dec. 2

Bridge – Beginning

Beginning bridge is open to anyone desiring to learn bridge fundamentals. No prior knowledge of how to play bridge is preferred. Instruction will begin with learning the fundamentals followed by practice. Evaluation of hands and how to score will also be included. Instructor: Bobbi Jo Unruh. Center closed Nov. 24.

10:00 - 11:00 a.m.

Thursdays

Nov 3 - Dec 22

\$10 (7 wks)

Deadline: Wed. Nov 2

Bridge Level II (Enhancing Your Game)

This class is for participants who know basic bridge fundamentals. A review of fundamentals will be followed by expanding your knowledge of bridge playing: evaluating bridge hands through bidding; most prominently used

conventions; correct scoring; and how to play hands and read game play. Learn the differences between party, regular, and duplicate bridge. Instructor: Bobbi Jo Unruh.

Center closed Nov. 24.

8:45 – 9:45 a.m.

Thursdays

Nov 3 - Dec 22

\$10 (7 wks)

Deadline: Wed. Nov 2

Craft Time

We provide space to work on any DRY craft hobby such as tatting, knitting, crocheting, Japanese bunka and beading.

Center closed Dec 26.

10:00 - 11:30 a.m.

Mondays

Nov 7 - Dec 19

\$4

Exercise

Exercise away some of those holiday calories by attending drop-in fitness classes. It's easy to work into your schedule as you can come to any time slot/day you are available. Classes are for people of all fitness levels. Exercises are done using a chair for seated exercises and standing support. Dottie LaFleur teaches all the Mon. and Wed. classes. Lois Burrell teaches the Friday class. Classes limited to 20 people for safety. Center closed: Nov 11, 25, Dec 23, 26.

Nov 2 - Dec 30

\$1 daily fee

Class A: 8:45- 9:45 a.m.

Mon. & Wed. only

Class B: 10:00 -11:00 a.m.

Mon. - Wed. - Fri.

Fit Ball Class

Fit balls are a wonderful way for seniors to improve balance, flexibility and core strength without expensive equipment. Marti Duquette, instructor and physical therapist from Platte Valley Medical Center, can show you ways to modify any of the exercises. All fitness levels are welcome. Center closed Nov 24.

10:30 - 11:30 a.m.

Thursdays

Session I: Nov 3 - 17

\$15 (3 wks)

Deadline: Wed. Nov 2

Session II: Dec 1 - 29

\$25 (5 wks)

Deadline: Wed. Nov 30

Genealogy: Discovering Your Roots

Find your ancestors and record the information using the computer and other resources. Facilitators Sheryl Johnson and Fred Trail will show you "for a fee" and fee websites to research your family tree. Class limited to three people on Eagle View computers. Five more students can bring a laptop or I-device with wireless capabilities and a flash drive. Some computer ability necessary. Center closed: Nov 11, 25, Dec 23.

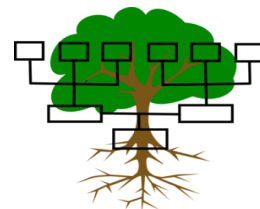
9:00 - 10:30 a.m.

Fridays

Nov 4 - Dec 30

\$6 (6 wks)

Deadline: Thurs. Nov 3



Greeting Cards

Ella Hastman will teach you how to make amazing greeting cards using a variety of materials - ink stamps, colored paper, old cards, and die cuts. At least two cards completed per class. Instructor furnishes all supplies including envelopes.

9:30 - 11:30 a.m.

Fridays

Nov 4, 18, Dec 2, 16

\$5 per class meeting

Deadline: Wednesday
before class

History: Effects of WWII

War changes lives – not just on the battlefield. In this class we will take a look at how World War II changed our country, as well as the world. How did the war effort affect our way of life, women's liberation, technology, etc. We will look at the benefits derived from these war-time advances and much more.

Instructor Bob Ellis, long-time history teacher at Brighton High School and the University of Denver, will facilitate conversational learning.

Class A: 9:00 - 10:00 a.m.

Class B: 10:15 - 11:15 a.m.

Mondays

Nov 7 - Dec 19

\$3 (7 wks)

Deadline: Thurs. Nov 3



Japanese Bunka Embroidery

Learn the ancient art of Japanese Bunka Embroidery. Make beautiful framed art by "punching" thread through stretched fabric with a special tool. Supplies and kits available for purchase from instructor, Donna Heneger. Three slots are saved for beginners and first kit is provided.

10:00 a.m. - 12:00 noon

Wednesdays

Nov 2 - Dec 28

\$45 (9 wks)

Deadline: Tues. Nov 1

Line Dance –Beginner

This class is for new beginners. Instructor Judy Yamakishi will teach you basic dance steps. You will then learn 1 or 2 dances per class. There will be lots of repetition. Center closed Nov 11 & 25.

8:30 - 9:25 a.m.

Fridays

Nov 4 - Dec 16

\$25 (5 wks)

Deadline: Thurs. Nov 3

Line Dance – Level 2

Learn the newest line dance routines! No partners needed to enjoy this fun form of country dancing. Some experience in line dancing is necessary. Consider moving up to this class if you've taken Beginning Line Dancing several times. Center closed Nov 11 & 25.

9:30 - 10:30 a.m.

Fridays

Nov 4 - Dec 16

\$25 (5 wks)

Deadline: Thurs. Nov 3



Congratulations to Ron Ames.

He received the 2016 Brighton Excellence in Art Award in the Visionary Category. Ron is an active participant in our Oil Painting class.

Oil Painting

All levels of artists are welcome in oil painting class. Veteran painters work on their choice of paintings with instructor help available. Beginners choose from pre-selected paintings to learn basic skills. Four slots are reserved for beginners to allow for quality instruction time. Tell us at registration if you are a beginner. Instructors Judy Schissler and Kathy Bolson.

9:00 a.m.- 12:00 noon

Tuesdays

\$15 (per session)

Session I: Nov 8 - 29

Deadline: Mon. Nov 7

Session II: Dec 6 - 27

Deadline: Mon. Dec 5

Please register for classes by the listed deadline dates so our instructors can prepare for class and make adjustments for wait lists. PLEASE do not wait until the first day of class to register.

**Registration for
ALL CLASSES
begins Mon. Oct 31**

Pewter Hummingbirds or Butterflies

Learn about metals and alloys, followed by a brief history about the uses of pewter and the art of pewter casting. Then cast your own pewter hummingbird w/columbine OR butterfly w/rose by ladling pewter into rubber molds. Extra castings \$10 each. Don Norris has 40+ years expertise as a silversmith. See display case for examples.

9:00 a.m. - 12:00 noon

Wed. Dec 7

\$32

Deadline: Mon. Dec 5



Pine Needle Necklaces

Make a one of a kind necklace that you will treasure. Cast your own sterling silver pendant by pouring nearly one half ounce of melted pure silver into a bundle of pine needles. Pull away the needles to uncover your truly unique pendant. Includes chain. Don Norris has 40+ years expertise as a silversmith. See display case for examples.

1:00 - 4:00 p.m.

Wed. Dec 7

\$37

Deadline: Mon. Dec 5

Quilting Beginning – Charity Quilts

Instructor Terri Hendrickson will teach you how to make a small quilt. We will join the efforts of the Intermediate class and give the quilts to the Brighton Police for their charity holiday gift giveaway. Last day of class we will have a fun potluck and small gift exchange. If you have never quilted before, please talk to the instructor before buying any quilting tools. Handout of needed class materials available at registration. Center closed Nov 11 & 25.

1:00 - 3:00 p.m.

Fridays

Nov 18 - Dec 16

\$10 (4 wks)

Deadline: Wed. Nov. 16

Quilting Intermediate – Charity Quilts

It's time for our annual project of making small quilts of your choice to aid in the Brighton Police holiday gift give-away. Join us in this opportunity to make quilts for adults who will receive little else for Christmas. Work in the company of others. The last day of class we will celebrate with our annual potluck and small gift exchange.

Instructors: Shari Coren and Cheryl Stoddard. Center closed Nov 24.

1:00 - 3:00 p.m.

Thursdays

Nov 3 - Dec 15

\$10 (6 wks)

Deadline: Wed. Nov 2

Readers Theatre

If you've always wanted to be a performer, Readers Theatre is for you! Memorization is not needed and being involved is great fun! Bring a pencil, yellow highlighter, and a small black, 3-ring binder to class.

Instructor: Dolly Garcia.

Performances Dec 1 & 29.

1:30 - 2:30 p.m.

Tuesdays

\$3 (per session)

Session I: Nov 8 - 29

Deadline: Mon. Nov 7

Session II: Dec 6 - 27

Deadline: Mon. Dec 5

Rock Wrap Jewelry

Use simple wire bending techniques to make unique jewelry using wire, stones and "Rock Wraps" invented by your instructor, Don Norris. Price includes making two sterling silver wrapped pendants and some copper pieces of your choice. A 20-inch sterling silver chain for your pendant is included. A wonderful holiday gift!

9:00 a.m. - 12:00 noon

Wed. Nov 9

\$32

Deadline: Mon. Nov 7



**Shari Coren shows
Gerry Evans her quilts.**

Searching the Internet

Learn to search the internet efficiently so you can find information more easily and conduct online research. You can learn about a plethora of topics by simply knowing how and what to look for. No more searching through papers at home when you can find it quickly online! Bring a list of websites you'd like to set up easy access to (like banks, doctors, etc.) and we will save them in a way that will help you to be more organized. This class caters to people with a smartphone, tablet, or laptop with wireless capabilities. Bring your device to class, as well as your email address and passwords. Get handout at registration. Instructor: Lisa Asmussen.

9:00 - 10:30 a.m.

Thursdays

Dec 1 - 15

\$24 (3 wks)

Deadline: Tues. Nov 29



Shopping Online

Want to shop online from the comfort of your home? This class will give you the skills to search and find the things you'd like to buy. We will discuss sites like Amazon, EBay, and Craigslist. Learn tips about shopping online, such as minimizing shipping charges and online safety. Assistance available for

setting up a PayPal account. If time permits, we will also cover paying bills online through your bank or creditors. Bring your smart phone, tablet, or laptop with wireless capabilities to class, as well as your email address and passwords. Get handout at registration. Instructor: Lisa Asmussen.

9:00 - 10:30 a.m.

Thursdays

Nov 3 - 17

\$24 (3 wks)

Deadline: Wed. Nov 2 by noon

Simple Silver Jewelry

Design your own sterling silver pendant to keep for yourself or give as a gift! Create a design, add a stone, and the instructor will solder it together for you. Don Norris has made this process simple enough that if you can write your name you can do this. Price includes a 20-inch sterling silver chain. Don Norris has 40+ years of expertise as a silversmith. See display case for examples.

1:00 - 4:00 p.m.

Wed. Nov 9

\$32

Deadline: Mon. Nov 7

Please register on or before the class deadline or the class may be full or cancelled. Do not wait until the 1st day of class!

Tatting

Tatting creates a durable lace by handcrafting a series of knots and loops. Use this lace to adorn clothing, accessories, and hats. Instructor Charlotte Jacobucci will teach you this traditional craft. Registration for tatting includes "Craft Time" for no additional charge.

9:15 - 9:45 a.m.

Mondays

Nov 7 - Dec 19

\$4 (7 wks)

Deadline: Fri. Nov 4

Wood Carving

Learn to carve wood for the first time, or work on an existing project and learn new techniques from experienced carvers. Call Dave Thomas at 303-637-7686 to arrange free beginning instruction. Join anytime!

8:00 - 10:00 a.m.

Tuesdays

Nov 8 - Dec 27

25¢ per day

Writing What You Know

Welcome to memoir writing! Join us to write the stories of your life. You can write single stories as you recall them or start from the beginning to write an autobiography. You will receive tips to make your writing more interesting, but mostly you will use your own words in your own voice. The best part is listening to the stories of others. Instructor: Shari Coren.

9:30 - 11:00 a.m.

Wednesdays

Nov 2 - Dec 14

\$15 (7 wks)

Deadline: Tues. Nov 1

Yoga – Beginning

In this basic beginning class, instructor Carolyn Priola will focus on relaxation and breathing, as well as increased range of motion and improved flexibility. Participants should be able to get onto and off the floor comfortably. If you have trouble getting on/off the floor, please enroll in Chair Yoga. If you have other physical limitations, consider Adaptive Yoga to get the most out of Yoga class.

A.M. Class**Tuesdays 10:15 - 11:15 a.m.**

Session I: Nov 8 - 29
 Deadline: Mon. Nov 7
 \$20 (4 wks)

Session II: Dec 6 - 27
 Deadline: Mon. Dec 5
 \$20 (4 wks)

P.M. Class**Thursdays 1:45 - 2:45 p.m.**

Session I: Nov 10 - Dec 1 (Center closed Nov 24)
 Deadline: Wed. Nov 9
 \$15 (3 wks)

Session II: Dec 8 - 29
 Deadline: Wed. Dec 7
 \$20 (4 wks)

Yoga - Continuing

Improve your health and flexibility with this class for students who have been in yoga class before. Instructor Carolyn Priola will focus on gentle yoga to increase flexibility, improve range of motion, and reduce stress. Participants must be able to get onto and up from the floor easily.

A.M. Class**Tuesdays 9:00 - 10:00 a.m.**

Session I: Nov 8 - 29
 Deadline: Mon. Nov 7
 \$20 (4 wks)

Session II: Dec 6 - 27
 Deadline: Mon. Dec 5
 \$20 (4 wks)

P.M. Class**Thursdays 12:30 - 1:30 p.m.**

Session I: Nov 10 - Dec 1 (Center closed Nov 24)
 Deadline: Wed. Nov 9
 \$15 (3 wks)

Session II: Dec 8 - 29
 Deadline: Wed. Dec 7
 \$20 (4 wks)

Yoga – Adaptive

Adaptive yoga is designed for people living with mobility impairments. Yoga postures are modified to accommodate your needs. Class size limited to 5 - 6 people to ensure individual attention by Karen Vizyak, physical therapist and certified yoga teacher. People in wheelchairs and walkers are especially encouraged to join, but anyone with limitations is welcome.

9:00 - 10:00 a.m.

Tuesdays

\$24 (per 3 wk session)

Session I: Nov 8 - 29 (No class Nov 22)

Deadline: Mon. Nov 7

Session 2: Dec 6 - 20

Deadline: Mon. Dec 5

Yoga – Chair

Enjoy all the benefits of Yoga in a format that does not require you to get on the floor. Dottie LaFleur will lead you in Yoga done with the support of a chair to improve flexibility, posture and stress. If you can't get down or up from the floor easily as required for Yoga classes, but don't need the special modifications of Adaptive Yoga – then Chair Yoga is for you.

8:30 - 9:30 a.m.

Thursdays

Session 1: Nov 3 - 17

\$15 (3 wks)

Deadline: Wed. Nov 2

Session 2: Dec 1 - 29

\$25 (5 wks)

Deadline: Wed. Nov 30

Senior Advisory Board

The purpose of the Advisory Board is to advise and assist in the needs and operations of Eagle View. The Board will meet Tues. Nov 15 & Dec 20 at 1:00 p.m. Members are: Chuck Phelps, Fran King, Dave Thomas, Peggy Jarrett, Dan Buckner, Lois Burrell, Jane Talbot, Bill Alsdorf, Dave Jacovetta, Heidi Storz, Judy Schissler, and Ellie Davis. JW Edwards is the City Council representative. Visitors are always welcome.

Charitable Contributions

Together we can continue to enhance the great programs and services offered for seniors and active adults in the Brighton area. Your financial support will be recognized on the donor wall at Eagle View. All donations are tax deductible. Make donations payable to: Brighton United Senior Citizens, 1150 Prairie Center Parkway, Brighton, CO 80601.

Donor Opportunities for Wall Recognition:

Friend: \$100 - \$499

Memorial: \$100+

Sponsor: \$500 - \$999

Benefactor: \$1000+

Service Dogs

Service animals are defined as dogs that are individually trained to do work or perform tasks for people with disabilities. Only dogs are recognized as service animals. Per Eagle View policy, only service dogs are allowed in the building.

Cancellations Due to Weather

In the occurrence of bad weather, the decision to cancel a class, trip or event will be made by the staff upon the recommendation of the instructor or driver. Trip and class participants will be called if the decision is made to cancel. Watch TV news for VOA lunch cancellations. The decision to close the Center will be made by the City Manager.

When EVAC cancels a trip you will receive a full refund. Trips will not be rescheduled. Please note: **If you decide to cancel BEFORE a decision is made by EVAC** - normal cancellation policies apply.

Trip and Activity Policies

- Anyone 55 years of age or older is given priority to participate in all center activities and programs.
- If adults age 40 - 54 want to attend a class, trip, or a space-limited event they will be added to a wait list. Inquire at the EVAC front desk.
- Payment is due at registration. Cash and checks only. Keep your receipt.
- The Center reserves the right to cancel any activity if minimum registration is not met.

Refund Policy for Cancellations:

If the CENTER cancels the activity/trip:

Full refunds will be given.

If YOU cancel BEFORE the deadline date:

Refund of cost, minus a \$4 cancellation fee.

If activity charge is \$4 or less, NO refund is given.

Allow one week to process refunds.

If YOU cancel AFTER the deadline date:

NO REFUND IS GIVEN unless we can sell your spot. If you can't go on a ticketed trip, **DO NOT** give your space to anyone before checking with Eagle View to see if there is a waiting list. If there is NO wait list, you may give away or sell your trip space. Tell EVAC **BEFORE** the trip if someone is taking your place; one-day notice preferred.

Outreach & Referral

Do you need help and don't know where to turn?

Ermie Marquez will assist you with completing forms, help you find needed services, and make home visits to assist homebound people! Ermie is very booked up so please make an appointment by calling 303-655-2079.

Transportation

VIA provides specialized transportation within the City of Brighton. VIA can take you to medical appointments, grocery shopping and Eagle View, to name just a few of the places you can go in Brighton. Call 303-447-2848 x1014 for more information; to schedule rides, call 303-447-9636.

Call-n-Ride - The green bus is an RTD service. Call 303-994-3549 to make a reservation. The driver will pick up and deliver you anywhere within Brighton, Mon - Fri, 6:00 a.m. - 7:00 p.m. Cost is the local RTD bus fare.

Don't Miss This!

Friends Program Fund

The Senior Advisory Board has established a scholarship fund. The Friends Program Fund provides financial assistance to older adults to participate in programs sponsored by Eagle View Adult Center. The simple application form is available at the front desk. Applications must be approved PRIOR to registering for the event. Donations to the fund are appreciated.

Turkey Trot 5-K

Seniors, join us for Brighton's 32nd Annual Turkey Trot – a 5-K race/walk that benefits the Eagle View Adult Center. Last year, over \$7000 was donated to EVAC! Sign up for a race billed as the flattest 5-K in Colorado. Fee includes: T-shirt, breakfast burritos, prize drawings. Awards given to 1st, 2nd, and 3rd place finishers in each age and gender category for both walkers and runners. After the race visit with vendors and win other prizes that will be raffled off by bib number! Registration forms available at the Eagle View and Recreation Center front desk, or register online at www.brightonco.gov.

Sat. Nov 19

7:30 a.m. - Check-in (Gym)

8:30 a.m. - Race begins

Brighton Recreation Center, 555 N. 11th Ave.

Fee: Early bird \$22 Youth/Seniors (60+), \$30 Adult
Race day \$25 Youth/Seniors (60+), \$33 Adult

EVAC Seniors Helping Others!

Coats for People in Need: Nov

During the entire month of November, donate your no longer needed coats. Especially needed are adult men's coats. Put them in the big red Kiwanis box near the front desk. Be sure the coat is clean and empty the pockets!

Neckties Needed: Nov

Some wonderful women make "ugly quilt" sleeping bags for the homeless and use neckties to secure the rolled up quilts. They are in desperate need of ties, so if you have some, place them in the red Kiwanis box.

Angel Tree: Nov 21 – Dec 6

Take a gift tag off the Angel Tree, then purchase the requested gift for a local nursing home resident. Can't shop? Then the "Angels" will shop for you. Pick a gift tag, make a \$10 (suggested) check payable to "Harmony Angels" and put both in an envelope. Wrapped gifts and checks are due Tues. Dec 6 at Eagle View.



1150 Prairie Center Parkway, Brighton, CO 80601

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Return Service Requested